

Emerywood Fine Foods

Lunch Menu

APPETIZERS AND SOUPS

PESTO PIZZA

Homemade pesto toasted on a flour tortilla with chicken, tomatoes & mozzarella ... 7.35

VEGGIE QUESADILLA

Black beans, corn, roasted veggies & cheddar cheese on a flour tortilla served with salsa & sour cream ... 7.50

BAKED ARTICHOKE DIP

A perfect combination of artichoke hearts & three cheeses served with toasted pita chips ... 7.50

BRUCHETTA

Diced Roma tomatoes, feta cheese and homemade pesto toasted on a French baguette & topped with Parmesan ... 7.40

PITA PIZZA

Grilled chicken, pepperoncini, feta & mozzarella cheeses, caper vinaigrette on pita ... 7.95

SOUPS

Homemade daily. Cup... 3.95 Bowl... 5.50

THREE SALAD SAMPLER

Choose three of the following over mixed greens ... 8.95

Egg Salad; Southern Pasta Salad; Rosemary Chicken Salad; Fresh Tuna Salad; Garden Salad; Red Bliss Potato Salad; Spicy Pimento Cheese; Three Bean Salad; Caesar Salad

Add a specialty salad for \$1.50. Add a specialty salad with chicken for \$2.00

Kids Corner (12 and under, please)

GRILLED CHEESE

Cheddar cheese on whole wheat ... 2.50. Add chips for .75.

PB&J SANDWICH

Grape jelly and peanut butter on whole wheat with chips ... 3.75

FRESH SALADS

Add Chicken to any salad for 2.50.

Served with choice of Emerywood's Balsamic Vinaigrette, Caper Vinaigrette, Ranch, Bleu Cheese, Fat-Free Italian, Honey Mustard, or 1000 Island.

THE WALDORF

Grilled chicken, Granny Smith apples, walnuts & bleu cheese crumbles on a bed of mixed greens with Emerywood's balsamic vinaigrette ... 8.95

GRILLED CHICKEN SALAD

Grilled marinated chicken, shredded cheddar cheese, Roma tomatoes & croutons on a bed of green leaf lettuce ... 8.95

CHEF SALAD

Smoked ham, oven roasted turkey, cheddar & Swiss cheese, tomatoes & croutons on a bed of mixed greens ... 9.50

GARDEN SALAD

Fresh Roma tomatoes, cheddar cheese & croutons over green leaf lettuce ... 6.75

CAESAR SALAD

Crisp lettuce and homemade croutons tossed in a creamy Caesar dressing & topped with Parmesan cheese garnished with Roma tomatoes ... 6.75

GREEK SALAD

Fresh Roma tomatoes, Kalamata olives, pepperoncini & feta cheese on a bed of spring mix served with our caper vinaigrette dressing ... 7.95

SALMON SALAD

Seared salmon, spring mix, Mandarin oranges, dried cranberries, sliced almonds and sunflower seeds with balsamic vinaigrette ... \$11.65

AHI TUNA SALAD

Green leaf lettuce, Mandarin oranges, Roma tomatoes, toasted almonds, fried egg roll strips and sesame seared Ahi-Tuna with Ginger Citrus Vinaigrette ... \$12.15

HALF & HALF

Choose 2: cup of soup, half sandwich or garden salad ... 7.85 Change the garden to a specialty salad for 1.50. Add chicken for 2.

BISTRO SANDWICHES AND WRAPS

CLASSIC TURKEY: Smoked turkey & Havarti-dill cheese on honey wheatberry bread served with mayonnaise, mustard, lettuce & tomato ... 7.95

CLASSIC HAM: Smoked ham & Swiss cheese on whole wheat, mayo, mustard, lettuce and tomato ... 7.95

THE OTTER CLUB: Smoked turkey and ham, Havarti-dill cheese on sourdough with mayonnaise, mustard, lettuce and tomato ... 7.85

EFFIE'S CHOICE: Your choice of rosemary chicken salad or tuna salad served on a croissant ... 7.95

HOOKED ON PIMENTO: Homemade spicy pimento cheese toasted on a baguette ... 7.50

TO BRIE OR NOT TO BRIE: Brie & smoked turkey on a baguette served w/mayonnaise, honey cup mustard & lettuce ... 8.50

THE MALLORY: Grilled chicken & spicy pimento cheese toasted on wheatberry bread ... 8.55

THE ROSE BEAST: House roast beef, provolone, caramelized onions & rosemary mayonnaise toasted on a baguette ... 8.95

PHILADEL-ICIOUS: Roast beef, portabella mushrooms, caramelized onions, lettuce, tomato, mayo and provolone cheese on a toasted sub roll... 9.40

THAT'S A WRAP: Grilled chicken, fresh Roma tomatoes, cheddar cheese & pesto mayonnaise in a sundried tomato tortilla served with a garden salad ... 8.95

FUNKY CHICKEN: Grilled chicken, sweet Jamaican pepper relish toasted on wheat berry bread with cheddar, lettuce & tomato ... 8.95

TUNA MELT: Tuna salad toasted served open face on rye bread, cheddar cheese, lettuce and tomato... 7.95

THAI WRAP: Grilled chicken & roasted veggies tossed in a spicy peanut sauce then wrapped in a flour tortilla and served with a garden salad ... (not available w/ the ½ and ½) ...8.95

BEEN THERE, DONE THAT: Smoked turkey & Granny Smith apples, honey walnut cream cheese on a croissant ... 8.95

THE CHICKEN LITTLE: Fresh egg salad on toasted whole wheat bread ... 6.95

THE SHAWNWICH: Rosemary chicken salad & pimento cheese on a croissant w/ Granny Smith apples... 8.65

PAUL REUBEN: Turkey and swiss cheese toasted on rye with 1000 island and sauerkraut ...8.65

DOUBLE DILL: House turkey and Havarti dill cheese served hot on a croissant with a white wine dill sauce and fresh cucumbers...8.65

FIREHOUSE CHICKEN: Texas Pete Grilled Chicken, Bacon, Caramelized onion, and Provolone with on toasted sub roll with side of ranch... 8.95

PORTABELLA CAPRESE: Marinated Portabella Mushrooms, buffalo mozzarella and Roma tomatoes baked and served on sourdough bread with balsamic vinaigrette and pesto... 8.75

BBQ PITA POCKET: BBQ chicken, roasted red peppers, caramelized onion and Gouda cheese melted in a toasted pita... 8.75

CRAB CAKE SANDWICH: A jumbo lump crab and lobster cake served on a croissant bun with mixed greens, Roma tomatoes and red pepper aioli... 11.50

All bistro sandwiches and wraps are served with your choice of: Truffle Parmesan Pommes Frites; Southern-style Pasta Salad; Red Bliss Potato Salad; Three Bean Salad; or Chips. Substitute a House Garden Salad or Soup for \$1.00